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# **Heart Center Family Conference: Making Connections**

February 17, 2024

## **Heart Center Family Conference: Making Connections**

February 17, 2024

### **Program Description**

Having Congenital Heart Disease (CHD) can be hard and feel lonely. Like you are the only family navigating the challenges. At this event we will discuss the importance of engaging a support system and successfully communicating with others within the community, such as school, athletics and work. Hear personal stories from families impacted by CHD. You can also visit display tables from local and national organizations.

#### Who Should Attend

If you, your child or someone you love has congenital heart disease, this program is for you!

#### Location

Nationwide Children's Hospital Education Center, 575 S.18th St., Columbus, OH 43205

### **Program Date and Time**

February 17, 2024 | 9:00 a.m. - Noon Light breakfast provided.

#### Cost

Free

#### Confirmation

A confirmation email will be sent to everyone who registers for the program.

#### Questions

Call Community Education at (614) 355-0662.

## Agenda

Welcome 9 a.m.

You're Not Alone. CHD, the Family and Community Support 9:10 a.m. Brandon Kozar, PhD

#### **Exhibit Break** 9:30 a.m.

#### **Workshop Tracks**

	A. Parents of Preschool Children	B. Parents of School Age Children	C. Teens and Adults with CHD
9:45 a.m.	<b>Caregiver Stress</b> Nicole Dempster, PhD	Partnering with the School: Getting the Most Out of Your IEP Jenny Gorman Speas	Developing Relationships and Navigating Life Hannah Kerby, PhD Sarah Dillon, MSW, LSW
10:15 a.m.	Does My Child Need School Accommodations? IEPs' and 504 Plans Jenny Gorman Speas	<b>Promoting Social Skills</b> <b>in Your child</b> Nicole Dempster, PhD	<b>Group Activity</b> Hannah Kerby, PhD Sarah Dillon, MSW, LSW

### 10:45 a.m. Exhibits

#### **Parent/Patient Panel** 11 - Noon

#### Keynote:

#### **Brandon Kozar. PhD**

Director, Leadership Coaching and Development, Nationwide Children's Hospital

Speakers (alphabetical order)

Nicole Dempster, PhD Pediatric Psychologist at Nationwide Children's Hospital

Sarah Dillon, MSW, LSW Clinical Medical Social Worker, Nationwide Children's Hospital

**Jenny Speas** Student Advocate, Ohio Student Advocacy

Hannah Kerby, PhD

Pediatric Psychologist, Nationwide Children's Hospital

There will be a place for school age children to play games, have fun and get to know each other and a separate room for child care. Children must be out of diapers.

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NationwideChildrens.org/Edu or scan the QR code with your phone

#### **REGISTRATION FORM Heart Center Family Conference: Making Connections** February 17, 2024

rack A	Parents of Young Children (preschool children)
rack B	Parents of School Age Children
rack C	Teens and Adults with CHD
rack D	School Age Playroom
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Track E Child Care

\*For Track D and E, indicate child's age

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### How to Register

#### Mail this form to:

**Community Education** Nationwide Children's Hospital 700 Children's Drive, Columbus, OH 43205

#### Scan form and email to:

CommunityEducation@NationwideChildrens.org

#### **Register online at:**

